

Centennial Skating Club Officers:

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Board Member	– Paul Hernandez
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Board Member	– Cassandra Hernandez
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Testing	– Penny Galvin
Mile High FSA	– Lisa Landon
	– Harriet Lewis
Competition	– Lisa Landon



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ADDRESS CORRECTION REQUESTED

The Scribe

May 2003
Volume 4, Issue 5

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THOUGHTS FROM THE PRESIDENT

Lisa Landon

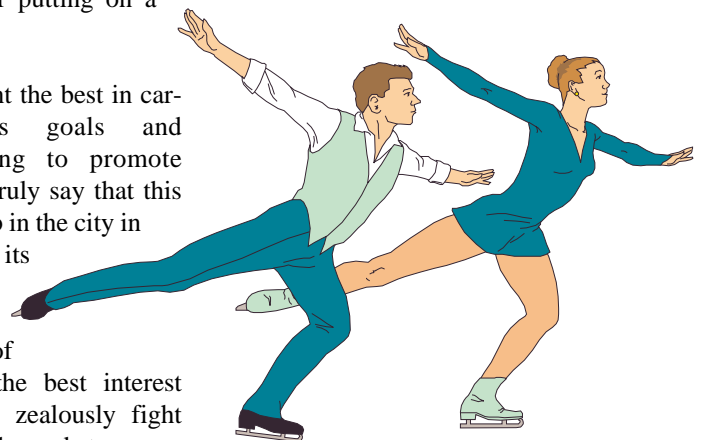
Well, our skating year is drawing to a close! Upcoming is our annual awards banquet and general meeting. Please make sure that you have received your invitation along with your membership renewal form, which is due in June! Please send back the RSVP postcard whether you are able to make it or not.

This is my last column as President as I have reached the term limit of three years as set forth in our By Laws. Over the last 3 years, I have seen our club grow from 35 members to over 200! I have seen many new, energetic, and talented young skaters join the club, which before was made up of primarily adult skaters. I have marveled at how fast some of the younger and adult skaters have increased their skills and abilities in this great sport. Last year's CSI competition was the best volunteer effort that we have seen in many years and my thanks goes out to all of our members for putting on a great competition!

I wish next year's President the best in carrying on the club's goals and objectives and continuing to promote and grow the club. I can truly say that this club is the best skating club in the city in the way that it supports its skaters, its families, and its mission. The Board of Directors is a great bunch of people who truly have the best interest of the club at heart and zealously fight to ensure that it stays healthy and strong.

I am looking forward to a great new year in skating and I am confident that we will have many exciting events to keep our members challenged, learning new things, and most importantly, **HAVING FUN!** Good luck to all the skaters who will be competing in the Pikes Peak Classic and the Broadmoor Open.

Have a great year!



COMPETITION CHECKLIST

Reprinted from the "The Skating Parents' Survival Guide" by the USFSA

- 1-Your polished skates—both of them
- 2-Guards and Soakers
- 3-Extra Laces
- 4-Gloves
- 5-Competition Outfit
- 6-Back-up Outfit
- 7-Warm-up Outfit
- 8-Girls: Extra pair of tights
- 9-Girls: Hair Accessories
- 10-Girls: Make-up
- 11-Two copies of your music
- 12-Competition Information: maps, hotel reservations, event times, practice ice information, rink phone number
- 13-Repair Kit: screwdriver, skate polish, nail polish remover, band-aids, needle and thread, safety pins
- 14-Video Recorder and/or camera
- 15-A Positive Attitude
- 16-A Smile!



WAYS TO SAVE MONEY SKATING

by Molly Voss

This series of articles is geared to all skaters—no matter your age, skill level or discipline. Competitive skating can be serious money. There are several ways to lower your skating expenses. There are also times when it doesn't pay to cut financial corners. My first topic will cover group lessons vs. private lessons.

For anybody, young or old who is just starting to skate, group lessons are a great way to get your feet (or behind) wet. All of our local ice arenas offers learn to skate group lessons at reasonable rates. Basic 1-8 and Freestyles 1-6 will teach a skater the skills needed to pass the Pre-Juvenile Free Skating Test as well as most of the field moves for the same level. Many of the class instructors are also excellent private coaches.

GROUP LESSONS AT SERTICH ICE ARENA COST:

\$42.50 for a session of 8 half hour classes for the Basic 1-8 lessons.

\$57.50 for a session of 8 half hour classes for the Freestyle 1-6 lessons.

Private lessons cost \$15.00-\$30.00/half hour lesson on average.

When is it time for private lessons?

1. You've taken and passed every group class available and desire to continue.
2. You've had to repeat a class at least 2-3 times (with different instructors) without passing. *Sometimes a student and teacher just don't "click". See if another class at that level is available with a different teacher.*
3. A skater is mastering skills consistently faster than the class and is bored. The teacher may recommend private lessons for this reason.
4. Some people simply don't learn well in a group setting.

Group lessons are a great way to experience to instructors and may lead you to a future private coach. When possible, take advantage of group lessons as long as you can to save money for your skating future.

Upcoming topics: Practice Ice, Skates, Costumes, Testing and Competitions.

CENTENNIAL SKATING CLUB BOARD OF DIRECTORS NOMINEES PROFILES

Lisa Landon

I have been a member of Centennial Skating Club for 7 years and on the Board of Directors for 5 years. I have held the positions of Secretary, Vice-President, and most recently President. I am an adult competitive skater and am working on my standard track Moves in the Field and adult track Moves in the Field. I recently obtained my Bronze levels Singles and Pairs test judging appointment and hope to submit for my Silver level judging appointment early in the summer. I have enjoyed watching the club grow and expand, going from 35 members, mostly adults, to over 200 members with a great number of junior skaters! I am also the current publicity chairperson and the CSI competition chairperson. I work at Agilent Technologies as an IT Consultant. I am married with one 12-year old stepson. I would love the opportunity to continue as a Board Member of the club.

Cheryl Ward

I am the married mother of four children, grandmother of one; currently a student at PPCC. I have been involved in skating as long as Amy has been skating, which is five years. Amy, 16, is skating at novice level and has completed her junior field moves. This is our second year of membership with Centennial.

Laura Perkey

I'm Laura Perkey and I would like to be one of your board members. I am proud to be a member of the Centennial Skating Club and would like to contribute to its future growth. My vision for Centennial is to be the Club skaters and families want to be a part of for as long as their desires and aspirations are there. That Centennial fulfills their need for fun, education and support for all members. No need to go anywhere else. As your board member I would bring my personal and professional experience to the Club. I am a mother of a young skater; a former college athlete; and have 15 years of budget and management experience. I understand the commitment it takes to be an ice-skating parent; the support that is needed to be an athlete and the trust that is required in a professional organization. With my experience and willingness to take on this challenge I will do my best to represent all members' interests and concerns in the Centennial Skating Club.

Penny Galvin

Hi, my name is Penny Galvin. For those of you who that might not know me I am currently the Test Chair for Centennial SC. I've been doing this for about a year now. I have three kids. My daughters figure skate and my son plays hockey. I would like to become a board member to help with the future of our skate club, and to bring some input from the skaters to the board.

John Carmody

John is a skating coach. He has been a member of Centennial for over a year now.

ASK A JUDGE

by Terri Parnau

Q. What are judges looking for in an interpretive program?

A. I laugh as I write this because even though I judge interpretive events, I am also a skater and have competed in interpretive events. Most judges will tell you that interpretive is much harder to judge than other types of events because you are really comparing apples and oranges, and you can't use technical difficulty to distinguish between skaters. You might have one skater who chooses slow lyrical music and uses long edges and graceful extensions to interpret it, and is full of emotion and feeling that the audience appreciates. Another skater may have an upbeat show tune full of bouncy steps and lots of character and facial expressions, which also is very entertaining for the audience. Both of these skaters express the music, both skaters connect with the audience, and both do their choreography and elements well. What's a judge to do?

Judges try their best to place skaters based on how well they interpret the music and convey that interpretation to the audience (which includes the judges of course), how well their theme is expressed and carried through the program, how entertaining the program is, and, of course, how well the skater skates (meaning edges, flow, and basic ability). After all, skating is the basis for these events, even though it's not necessarily the skater with the most difficult elements who wins. You will notice that ordinals are often more chaotic in these events than in freestyle events because of the difficulty in judging them. I remind skaters who compete in interpretive events (myself included) to concentrate on performing, entertaining the audience, and HAVING FUN. Placements and medals should be secondary in these events.

Q. What kinds of things break a tie when two skaters are evenly matched?

A. Of course, no two skaters are exactly the same. But if two skaters did exactly the same elements in their program, the judges would look at the quality of the elements in order to rank one skater over the other. Overall quality in a freestyle program is based on speed, flow, ice coverage, sureness and depth of edges. Jump quality is determined by the speed of the skater, the height of the jump, the flow in and out of the jump, the position in the air, the landing position, and how clean the jump is. For spins, quality is determined by the number of rotations, the position of the body, the speed of the rotations, and whether the spin is centered or travels.

Also, the judges will compare the two skaters based on the second mark. This will take into account whether the skater feels and expresses the music, the choreography of the program, creativity, variation in types of movement through space, and whether the program presents a harmonious overall impression.

So, two skaters who skate the identical elements in their programs could be scored very differently based on how they skate those elements and the quality of the program as a whole. Remember, the judges look at the total package when placing skaters!

*"You miss one
hundred percent of the
shots you never take."
—Wayne Gretzky,
Ice Hockey Legend*

TIPS AND TRICKS

Sharon Lebron-Frank

When competing, be sure you skate your program JUST as it has been choreographed. Adding elements in on a whim will result in a deduction from the judges.

Upcoming EVENTS

May 13, 2003

Board Meeting

Sertich Ice Center, 6:30pm

May 17, 2003

Skate Night

Sertich Ice Center, 5:15pm

May 31, 2003

Awards Banquet and General Meeting—

Woodmoor Pines Country Club, 3:00pm

June 1, 2003

Test Session

Front Range Host
Sertich Ice Center, 7:00am

June 10, 2003

Board Meeting

Sertich Ice Center, 6:30pm

June 19, 2003

Broadmoor Open—

World Arena, Colorado Springs, CO

June 21, 2003

Skate Night

Sertich Ice Center, 5:15pm

July 8, 2003

Board Meeting

Sertich Ice Center, 6:30pm

July 16-20, 2003

Vail Invitational

Vail, CO

July 19, 2003

Skate Night

Sertich Ice Center, 5:15pm

July 27, 2003

Test Session

Centennial Host
Sertich Ice Center, 7:00am

August 5-10, 2003

Colorado Championships

Apex Ice Arena, Arvada, CO

August 12, 2003

Board Meeting

Sertich Ice Center, 6:30pm